

**State of Indiana**

**Department of Correction**

Division of Medical and Clinical Healthcare Services

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

**Facility: CIC**

PATIENT: JONATHAN RICHARDSON  
DATE OF BIRTH: [REDACTED]  
DOC #: 127630  
DATE: 04/14/2021 10:00 AM  
HISTORIAN: self  
VISIT TYPE: Onsite Consult

**Individual Counsel/Psych Prog Note**

**General**

Program Name: Outpatient

Start time: 10:00 AM

End time: 00 hours, 45 minutes

Duration: 00 hours, 45 minutes

**Individuals Present/Support Resources**

Contact type:

Onsite

Individual present.

**MENTAL STATUS EXAM**

**GENERAL OBSERVATIONS:**

Generally normal

Appearance: Within normal limits

Build/Stature: Within normal limits

Posture: Within normal limits

Eye Contact: Average

Activity: Within normal limits

Attitude toward examiner: Cooperative

Attitude toward parent/guardian: Not Applicable

Separation (for children/adolescent): Not applicable

**MENTAL STATUS:**

Unremarkable

Mood: Euthymic

Affect: Full

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 51 of 182  
Encounter Date: 04/14/2021 10:00 AM

STATE001646

Speech: Clear  
Thought process: Logical  
Perception: WNL  
Hallucination: Denied None evidenced  
Thought content: Within normal limits  
Delusions: None Reported  
Cognition: Within normal limits  
Intelligence estimate: Average  
Insight: Within normal limits  
Judgment: Within normal limits

### Subjective Information

Individual's report of progress towards goals/objectives since last session:

Ofd. seen for scheduled follow-up. Ofd. reports that she has had to step back from one of her friendships that had started to become unhealthy, but she leaves open the possibility that things will be able to be repaired in the future. She talked about her ongoing efforts to be accepted as a trans woman in her environment, and her thoughts of what that means for the future. Denies any acute concerns or any SI/HI.

New issues/stressors/extraordinary events presented today: None reported

### Goals, Objectives, and Interventions Addressed Today

Goal Today	Objective Today
Depressive symptoms do not impair daily functioning	Identifies negative thinking supporting depression

### Interventions/Methods Provided:

Psychologist provided empathic listening, validating the offender's experiences and emotional reactions. Examined her thought processes and whether they are likely to lead to her hoped-for outcomes. Encouraged continued efforts to forge meaningful connections with others and to expand her ability to trust and to tolerate others' shortcomings.

### Response to Interventions/Progress Toward Goals and Objectives:

Stable.

### Current Assessment

Individual's progress: Some progress

### Assessment:

Anxiety is not significant. Cognitive issues are not significant. Substance abuse/dependence is not significant. Depression is not significant. Impulse control is not significant. Psychotic symptoms are not significant. Suicidality is not significant. Mania/manic behavior is not significant. Patient does not present any mental health issues at this time. Patient is responding to treatment plan. The patient is compliant with the treatment plan. The patient is cooperative and communicative.

### Risk Assessment

#### CURRENT ENCOUNTER

Risk Assessments
Patient denies suicidal ideation, plan, intent, and/or attempt.
Patient denies property damage ideation, plan, intent, and/or attempt.
Patient denies homicidal ideation, plan, intent, and/or attempt.

#### RISK ASSESSMENT HISTORY

Risk	Current	Past	Documented	Event Date	Approximate Date	Ideation	Plan	Intent	Scale
Suicide	Denies		04/14/2021	04/14/2021	No				
Property	Denies		04/14/2021	04/14/2021	No				
Homicide	Denies		04/14/2021	04/14/2021	No				

Attempt	Planned/ Impulsive	Drug/Alcohol Influenced	Medically Treated	Plan	Attempt Description
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#### SAFETY MANAGEMENT PLAN

No currently expressed suicidal or homicidal ideation or intent. No current need for safety plan.

#### Assessment/Diagnosis

AXIS IV

Severity: Moderate

Problem Type	No/Yes	Description
Primary Support Group	Yes	Very little external support
Social environment	Yes	Difficulty Trusting Others - suspicious - isolates
Legal system/crime	Yes	Incarcerated

AXIS V

Current GAF: 68

Date: 04/14/2021.

Highest GAF: 70

Date: 03/08/2021.

#### Plan and Additional Information

Date	Order Description
05/05/2021	MHP follow-up for Ind Tx

#### SIGNATURES

Staff: Signed by Richard J. Gale, PsyD, HSPP on 04/16/2021

#### Behavioral Health Billing

Start time: 10:00 AM  
End time: 10:45 AM  
Duration: 00 hours, 45 minutes  
Modifier: N/A

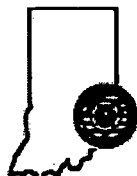
Document generated by: Richard J. Gale, PsyD 04/16/2021 11:58 AM

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 54 of 182  
Encounter Date: 04/14/2021 10:00 AM

STATE001649



**State of Indiana**

Department of Correction

Division of Medical and Clinical Healthcare Services

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

**Facility: CIC**

PATIENT: JONATHAN RICHARDSON  
DATE OF BIRTH: [REDACTED]  
DATE: 04/05/2021 03:51 PM  
VISIT TYPE: Chronic Care Visit

**History of Present Illness:**

1. asthma

The initial visit date was 02/12/2008. Symptoms of asthma began in 1984. Pertinent negatives include awakening with cough, awakening with dyspnea, awakening with wheeze, dry cough, dyspnea at rest, dyspnea with intense exercise, dyspnea with moderate exercise, excessive sputum, hemoptysis, hoarseness, irregular heartbeat/palpitations, mucus plug production, oral thrush, pleuritic pain, post nasal drainage, productive cough, reflux, seasonal rhinitis symptoms, sinusitis, stridor, tremor after inhaler use and wheezing.

2. GD

**PROBLEM LIST:**

Problem Description	Onset Date	Chronic	Clinical Status	Notes
Gender identity disorder of adulthood	06/17/2020	N		
Gastroesophageal reflux disease	02/19/2015	Y		Mapped from KBM Chronic Conditions table on 05/09/2016 by the ICD9 to SNOMED Bulk Mapping Utility. The mapped diagnosis code was Esophageal reflux, 530.81, added by Paul A. Talbot, MD, with responsible provider Paul A. Talbot MD. Onset date 02/19/2015.
Borderline personality disorder	05/04/2010	Y		Mapped from KBM Chronic Conditions table on 05/09/2016 by the ICD9 to SNOMED Bulk Mapping Utility. The mapped diagnosis code was Borderline personality disorder, 301.83, added by Darla Hinshaw, MD, with responsible provider . Onset date 05/04/2010; Axis II.
Recurrent major depressive episodes, mild	10/21/2019	N		

RICHARDSON, JONATHAN 127630 [REDACTED] 04/05/2021 03:51 PM 55/182

**Problem List (not yet mapped to SNOMED-CT®):**

Problem Description	Onset Date	Notes
Asthma	03/19/2007	
Polysubstance Dependence	01/17/2011	
major depression in remission	01/17/2011	
Nonspecific reaction to tuberculin	02/01/2011	
skin test witho		
Epilepsy	06/11/2015	

**Allergies**

Ingredient	Reaction	Medication Name	Comment
IBUPROFEN	Rash		
PENICILLINS	Rash		
CEFTRIAZONE SODIUM	SOB, chest pressure, rash	ROCEPHIN	Pt was given 0.5mg Epi x1 and NS IV w/ good results

**Review of Systems**

System	Neg/Pos	Details
ENMT	Negative	Hoarseness, oral thrush, post-nasal drainage and sinusitis.
Respiratory	Negative	Awakening with cough, awakening with dyspnea, awakening with wheezing, dry cough, dyspnea at rest, dyspnea with intense exercise, dyspnea with moderate exercise, excessive sputum, hemoptysis, mucus plug production, pleuritic pain, productive cough, stridor and wheezing.
Cardio	Negative	Irregular heartbeat/palpitations.
GI	Negative	Reflux.
Endocrine	Negative	Tremors.
Allergic/Immuno	Negative	Seasonal rhinitis symptoms.

**Physical Exam**

Exam	Findings	Details
Constitutional	Normal	Well developed.
Eyes	Normal	Conjunctiva - Right: Normal, Left: Normal.
Ears	Normal	Inspection - Right: Normal, Left: Normal. Hearing - Right: Normal, Left: Normal.
Neck Exam	Normal	Inspection - Normal.
Respiratory	Normal	Inspection - Normal. Auscultation - Normal. Effort - Normal.
Cardiovascular	Normal	Regular rhythm. No murmurs, gallops, or rubs.
Vascular	Normal	Pulses - Dorsalis pedis: Normal. Capillary refill - Less than 2 seconds.
Abdomen	Normal	Inspection - Normal.
Skin	Comments	Extensive tatoos noted. Pt started covering face with a cloth. He states that it is Hindu religious reason.
Skin	Normal	Inspection - Normal.
Musculoskeletal	Normal	Visual overview of all four extremities is normal.
Extremity	Normal	No edema.
Neurological	Normal	Memory - Normal. Cranial nerves - Cranial nerves II through XII grossly intact.
Psychiatric	Normal	Orientation - Oriented to time, place, person & situation. Appropriate mood and affect.

**Assessment/Plan**

RICHARDSON, JONATHAN 127630 04/05/2021 03:51 PM 56/182

#	Detail Type	Description
1.	Assessment Impression	Gender identity disorder in adults (302.85). Pt is doing well. Lab results reviewed with pt. education provided, pt voiced understanding..
2.	Assessment Impression	Asthma (493.90). Pt has no c/o SO8, wheezing, or cough. He ran out of Xopenex HFA long time ago but did not even mention it. continue to monitor..

**Medications (Added, Continued or Stopped today)**

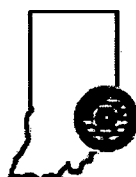
Start Date	Medication	Directions	PRN Status	PRN Reason	Instruction	Stop Date
12/29/2020	estradiol 2 mg tablet	take 1 tablet by oral route every day	N		FER approved FOR 6 MONTHS on 12/29/20	06/26/2021
12/28/2020	spironolactone 25 mg tablet	take 1 tablet by oral route every day	N			06/25/2021
04/05/2021	Xopenex HFA 45 mcg/actuation aerosol inhaler	inhale 2 puff by inhalation route every 6 hours, as needed.	N		do not send, Max: q4-6 months	10/01/2021

**Provider:**

Savino, Yoko 04/05/2021 4:12 PM

Document generated by: Yoko Savino, MD 04/05/2021 04:12 PM

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**State of Indiana**

**Department of Correction**

Division of Medical and Clinical Healthcare Services

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

**Facility: CIC**

PATIENT: JONATHAN RICHARDSON  
DATE OF BIRTH: [REDACTED]  
DOC #: 127630  
DATE: 03/31/2021 2:02 PM  
HISTORIAN: self  
VISIT TYPE: Onsite Consult

**Individual Counsel/Psych Prog Note**

**General**

Program Name: Outpatient

Start time: 2:00 pm

End time: 00 hours, 45 minutes

Duration: 00 hours, 45 minutes

**Individuals Present/Support Resources**

Contact type:

Onsite

Individual present

**MENTAL STATUS EXAM**

**GENERAL OBSERVATIONS:**

Generally normal

Appearance: Within normal limits

Build/Stature: Within normal limits

Posture: Within normal limits

Eye Contact: Average

Activity: Within normal limits

Attitude toward examiner: Cooperative

Attitude toward parent/guardian: Not Applicable

Separation (for children/adolescent): Not applicable

**MENTAL STATUS:**

Unremarkable

Mood: Euthymic

Affect: Full

Patient Name: RICHARDSON, JONATHAN

ID: 127630 Date of Birth: [REDACTED]

Page 58 of 182

Encounter Date: 03/31/2021 02:02 PM

STATE001653



Speech: Clear  
Thought process: Logical  
Perception: WNL  
Hallucination: Denied None evidenced  
Thought content: Within normal limits  
Delusions: None Reported  
Cognition: Within normal limits  
Intelligence estimate: Average  
Insight: Within normal limits  
Judgment: Within normal limits

### Subjective Information

Individual's report of progress towards goals/objectives since last session:  
Psychologist met with ofd. in his office for scheduled therapy follow-up. Ofd. raises concerns about the way she was shaken down yesterday leaving the kitchen. An officer reportedly commented on the size of the offender's breasts. It felt intrusive and objectifying to the offender, who did not sleep well last night as a result. She does not want anyone in trouble, but she hopes this can be an opportunity to reeducate staff. Denies SI/HI.

New issues/stressors/extraordinary events presented today: None reported

### Goals, Objectives, and Interventions Addressed Today

Goal Today	Objective Today
Mismatch between assigned gender and gender identity no longer causes marked distress.	Identify ways in which gender identity leads to distress, exacerbates symptoms of depression, and contributes to other concerns such as irritability and self-destructive behavior.

#### Interventions/Methods Provided:

Psychologist explored the situation that ofd. described and passed information along to the facility's PREA coordinator. Validated ofd's emotional reaction to the situation. Explored functioning in kitchen and social functioning in housing unit.

#### Response to Interventions/Progress Toward Goals and Objectives:

Stable.

### Current Assessment

Individual's progress: Some progress

#### Assessment:

Anxiety is not significant. Cognitive issues are not significant. Substance abuse/dependence is not significant. Depression is not significant. Impulse control is not significant. Psychotic symptoms are not significant. Suicidality is not significant. Mania/manic behavior is not significant. Patient is responding to treatment plan. The patient is compliant with the treatment plan. The patient is cooperative and communicative.

### Risk Assessment

#### CURRENT ENCOUNTER

Risk Assessments
Patient denies suicidal ideation, plan, intent, and/or attempt.
Patient denies property damage ideation, plan, intent, and/or attempt.
Patient denies homicidal ideation, plan, intent, and/or attempt.

#### RISK ASSESSMENT HISTORY

Risk	Current	Past	Documented	Event Date	Approximate Date	Ideation	Plan	Intent	Scale
Suicide	Denies		03/31/2021	03/31/2021	No				
Property	Denies		03/31/2021	03/31/2021	No				
Homicide	Denies		03/31/2021	03/31/2021	No				

Attempt	Planned/ Impulsive	Drug/Alcohol Influenced	Medically Treated	Plan Attempt Description
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#### SAFETY MANAGEMENT PLAN

No currently expressed suicidal or homicidal ideation or intent. No current need for safety plan.

#### Assessment/Diagnosis

##### AXIS IV

Severity: Moderate

Problem Type	No/Yes	Description
Primary Support Group	Yes	Very little external support
Social environment	Yes	Difficulty Trusting Others - suspicious - isolates
Legal system/crime	Yes	Incarcerated

##### AXIS V

Current GAF: 67

Date: 03/31/2021.

Highest GAF: 70

Date: 03/08/2021.

#### Plan and Additional Information

Date	Order Description
04/14/2021	MHP follow-up for Ind tx

#### SIGNATURES

Staff: Signed by Richard J. Gale, PsyD, HSPP on 04/01/2021

#### Behavioral Health Billing

Start time: 2:00 pm  
End time: 2:45 pm  
Duration: 00 hours, 45 minutes  
Modifier: N/A

Document generated by: Richard J. Gale, PsyD 04/01/2021 05:03 PM

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Indiana Government Center South  
302 W. Washington Street  
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Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

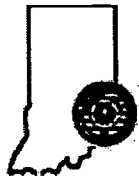
Page 61 of 182  
Encounter Date: 03/31/2021 02:02 PM

STATE001656

**DEPARTMENT OF CORRECTIONS  
ADMINISTRATIVE NOTE**

**SITE: CIC**

**COMPLETED BY: Tina Collins, RN 03/08/2021 3:02 PM**



**State of Indiana**

Division of Medical and Clinical Healthcare Services

Department of Correction

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

**Facility: CIC**

PATIENT:	JONATHAN RICHARDSON
DATE OF BIRTH:	[REDACTED]
DOC #:	127630
DATE:	03/08/2021 3:02 PM
VISIT TYPE:	Administrative Note

**Issue**

R/S Lab Unable to draw labs due to staffing conflict and other patient medical issues demanding of time.

**Provider: Yoko Savino MD**

**Document generated by: Tina Collins, RN 03/12/2021 03:03 PM**

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204



**State of Indiana**

**Department of Correction**

Division of Medical and Clinical Healthcare Services

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

**Facility: CIC**

PATIENT: JONATHAN RICHARDSON  
DATE OF BIRTH: [REDACTED]  
DOC #: 127630  
DATE: 03/08/2021 2:06 PM  
HISTORIAN: self  
VISIT TYPE: Onsite Consult

**Individual Counsel/Psych Prog Note**

**General**

Program Name: Outpatient

Start time: 2:06 PM

End time: 00 hours, 40 minutes

Duration: 00 hours, 40 minutes

**Individuals Present/Support Resources**

Contact type:

Onsite

Individual present

**MENTAL STATUS EXAM**

**GENERAL OBSERVATIONS:**

Generally normal

Appearance: Within normal limits

Build/Stature: Within normal limits

Posture: Within normal limits

Eye Contact: Average

Activity: Within normal limits

Attitude toward examiner: Cooperative

Attitude toward parent/guardian: Not Applicable

Separation (for children/adolescent): Not applicable

**MENTAL STATUS:**

Unremarkable

Mood: Euthymic

Affect: Full

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 63 of 182  
Encounter Date: 03/08/2021 02:06 PM

Speech: Clear  
Thought process: Logical  
Perception: WNL  
Hallucination: Denied None evidenced  
Thought content: Within normal limits  
Delusions: None Reported  
Cognition: Within normal limits  
Intelligence estimate: Average  
Insight: Within normal limits  
Judgment: Within normal limits

### Subjective Information

Individual's report of progress towards goals/objectives since last session:

Ofd. seen for scheduled follow-up visit. She reports that she has been doing pretty well since the last visit, but did highlight some particular stressors within her group of friends. She talked about conflict with three of her close friends that have prompted her to withdraw into herself a bit and reform some of the wall she has been working on taking down. That said, she is still trying to be more open and accepting of those in her life that are important to her. Denies SI or HI.

New issues/stressors/extraordinary events presented today: None reported

### Goals, Objectives, and Interventions Addressed Today

Goal Today	Objective Today
Depressive symptoms do not impair daily functioning	Identifies negative thinking supporting depression

### Interventions/Methods Provided:

Psychologist processed thoughts and feelings with ofd. regarding her relationships with others and her responses when others hurt her or let her down. Explored the idea of increasing acceptance as a means of loving another person and oneself. Encouraged ofd. to continue to open herself up to relationships in her life to combat some of her natural tendencies toward guardedness and self-protection that have caused her to feel isolated at times.

Response to Interventions/Progress Toward Goals and Objectives:

Stable.

### Current Assessment

Individual's progress: Some progress

### Assessment:

Anxiety is not significant. Cognitive issues are not significant. Substance abuse/dependence is not significant. Depression is not significant. Impulse control is not significant. Psychotic symptoms are not significant. Suicidality is not significant. Mania/manic behavior is not significant. Patient is responding to treatment plan. The patient is compliant with the treatment plan. The patient is cooperative and communicative.

### Risk Assessment

#### CURRENT ENCOUNTER

Risk Assessments
Patient denies suicidal ideation, plan, intent, and/or attempt.
Patient denies property damage ideation, plan, intent, and/or attempt.
Patient denies homicidal ideation, plan, intent, and/or attempt.

#### RISK ASSESSMENT HISTORY

Risk	Current	Past	Documented	Event Date	Approximate Date	Ideation	Plan	Intent	Scale
Suicide	Denies		03/08/2021	03/08/2021	No				
Property	Denies		03/08/2021	03/08/2021	No				
Homicide	Denies		03/08/2021	03/08/2021	No				

Attempt	Planned/ Impulsive	Drug/Alcohol Influenced	Medically Treated	Plan	Attempt Description
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#### SAFETY MANAGEMENT PLAN

No currently expressed suicidal or homicidal ideation or intent. No current need for safety plan.

#### Assessment/Diagnosis

##### AXIS IV

Severity: Moderate

Problem Type	No/Yes	Description
Primary Support Group	Yes	Very little external support
Social environment	Yes	Difficulty Trusting Others - suspicious - isolates
Legal system/crime	Yes	Incarcerated

##### AXIS V

Current GAF: 70

Date: 03/08/2021.

Highest GAF: 70

Date: 10/19/2020.

#### Plan and Additional Information

Date	Order Description
03/29/2021	MHP follow-up for Ind Tx

#### SIGNATURES

Staff: Signed by Richard J. Gale, PsyD, HSPP on 03/08/2021

#### Behavioral Health Billing

Start time: 2:06 PM  
End time: 2:46 PM  
Duration: 00 hours, 40 minutes  
Modifier: N/A

Document generated by: Richard J. Gale, PsyD 03/08/2021 04:18 PM

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 65 of 182  
Encounter Date: 03/08/2021 02:06 PM

STATE001660

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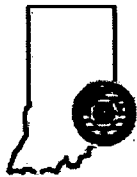
Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 66 of 182  
Encounter Date: 03/08/2021 02:06 PM

STATE001661





**State of Indiana**

Department of Correction

Division of Medical and Clinical Healthcare Services

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

**Facility: CIC**

PATIENT: JONATHAN RICHARDSON  
DATE OF BIRTH: [REDACTED]  
DOC #: 127630  
DATE: 12/03/2020 4:02 PM  
VISIT TYPE: Onsite Consult

**Individual Counsel/Psych Prog Note**

**General**

Program Name: Outpatient

**Individuals Present/Support Resources**

Contact type:  
Onsite  
Individual not present.

**Subjective Information**

Explanation: Ofd. was coming due either this week or in the coming week for a scheduled mental health follow-up visit. Because she has been stable and not demonstrating any urgent mental health concerns, and because the facility is currently under heightened safety precautions, including offender quarantine, due to an ongoing outbreak of COVID-19, her scheduled visit is being delayed. A letter was sent to her on 12/3/20 explaining the need to eliminate any unnecessary contact and instructing her to submit a request for health care if a pressing or urgent need for services arises prior to her being scheduled. The plan is to resume scheduled follow-up visits once the current outbreak is controlled, quarantine lockdowns are lifted, and normal offender movement resumes.

**Risk Assessment**

**SAFETY MANAGEMENT PLAN**

No currently expressed suicidal or homicidal ideation or intent. No current need for safety plan.

**Assessment/Diagnosis**

**AXIS IV**

Severity: Moderate

Problem Type	No/Yes	Description
Primary Support Group	Yes	Very little external support
Social environment	Yes	Difficulty Trusting Others - suspicious - isolates
Legal system/crime	Yes	Incarcerated

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 67 of 182  
Encounter Date: 12/03/2020 04:02 PM

**AXIS V**

Current GAF: 70

Date: 11/12/2020.

Highest GAF: 70

Date: 10/19/2020.

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**SIGNATURES**

Staff: Signed by Richard J. Gale, PsyD, HSPP on 12/21/2020

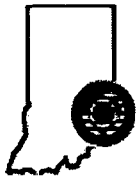
**Behavioral Health Billing**

Modifier: N/A

*Document generated by: Richard J. Gale, PsyD 12/21/2020 05:04 PM*

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Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204



**State of Indiana**

**Department of Correction**

Division of Medical and Clinical Healthcare Services

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

**Facility: CIC**

PATIENT: JONATHAN RICHARDSON  
DATE OF BIRTH: [REDACTED]  
DOC #: 127630  
DATE: 11/12/2020 5:23 PM  
HISTORIAN: self  
VISIT TYPE: Onsite Consult

**Individual Counsel/Psych Prog Note**

**General**

Program Name: Outpatient

Start time: 10:05 AM

End time: 00 hours, 50 minutes

Duration: 00 hours, 50 minutes

**Individuals Present/Support Resources**

Contact type:

Onsite

Individual present.

**MENTAL STATUS EXAM**

**GENERAL OBSERVATIONS:**

Generally normal

Appearance: Within normal limits

Build/Stature: Within normal limits

Posture: Within normal limits

Eye Contact: Average

Activity: Within normal limits

Attitude toward examiner: Cooperative

Attitude toward parent/guardian: Not Applicable

Separation (for children/adolescent): Not applicable

**MENTAL STATUS:**

Unremarkable

Mood: Euthymic

Affect: Full

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 69 of 182  
Encounter Date: 11/12/2020 05:23 PM

STATE001664

Speech: Clear  
Thought process: Logical  
Perception: WNL  
Hallucination: Denied None evidenced  
Thought content: Within normal limits  
Delusions: None Reported  
Cognition: Within normal limits  
Intelligence estimate: Average  
Insight: Within normal limits  
Judgment: Within normal limits

### Subjective Information

Individual's report of progress towards goals/objectives since last session:

Ofd. seen for scheduled therapy visit. She reports that she is excited to find that commissary lists now include female undergarments available for order, which she has already done. She has some apprehension that officers or unit team members may try to disallow the items, but she has confirmed with the PREA coordinator that they are allowed. No new concerns to report. Denies SI or HI.

New issues/stressors/extraordinary events presented today: None reported

### Goals, Objectives, and Interventions Addressed Today

Goal Today	Objective Today
Mismatch between assigned gender and gender identity no longer causes marked distress.	Identify ways in which gender identity leads to distress, exacerbates symptoms of depression, and contributes to other concerns such as irritability and self-destructive behavior.

### Interventions/Methods Provided:

Psychologist processed ofd's excitement and relief that she will be able to order gender-appropriate clothing items and begin to express her gender in that way. Discussed the IDOC's transition from basically not acknowledging gender dysphoria to becoming more accepting and supportive, and ofd. shared that in a few years, she could even see them being supportive of gender affirming surgical interventions. Explored the ways in which she often identifies with the thinking of a staff member more than the thinking that is often characteristic of other offenders in prison.

### Response to Interventions/Progress Toward Goals and Objectives:

Stable. Doing well.

### Current Assessment

Individual's progress: Good progress

### Assessment:

Anxiety is not significant. Cognitive issues are not significant. Substance abuse/dependence is not significant. Depression is not significant. Impulse control is not significant. Psychotic symptoms are not significant. Suicidality is not significant. Mania/manic behavior is not significant. Patient is responding to treatment plan. The patient is compliant with the treatment plan. The patient is cooperative and communicative.

### Risk Assessment

#### CURRENT ENCOUNTER

Risk Assessments
Patient denies suicidal ideation, plan, intent, and/or attempt.
Patient denies property damage ideation, plan, intent, and/or attempt.

Patient denies homicidal ideation, plan, intent, and/or attempt.

#### RISK ASSESSMENT HISTORY

Risk	Current	Past	Documented	Event Date	Approximate Date	Ideation	Plan	Intent	Scale
Suicide	Denies		11/12/2020	11/12/2020	No				
Property	Denies		11/12/2020	11/12/2020	No				
Homicide	Denies		11/12/2020	11/12/2020	No				

Attempt	Planned/ Impulsive	Drug/Alcohol Influenced	Medically Treated	Plan Attempt	Description
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#### SAFETY MANAGEMENT PLAN

No currently expressed suicidal or homicidal ideation or intent. No current need for safety plan.

#### Assessment/Diagnosis

AXIS IV

Severity: Moderate

Problem Type	No/Yes	Description
Primary Support Group	Yes	Very little external support
Social environment	Yes	Difficulty Trusting Others - suspicious - isolates
Legal system/crime	Yes	Incarcerated

AXIS V

Current GAF: 70

Date: 11/12/2020.

Highest GAF: 70

Date: 10/19/2020.

#### Plan and Additional Information

Date	Order Description
12/03/2020	MHP follow-up for Ind Tx

#### SIGNATURES

Staff: Signed by Richard J. Gale, PsyD, HSPP on 11/12/2020

#### Behavioral Health Billing

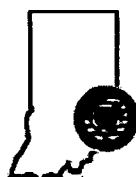
Start time: 10:05 AM  
End time: 10:55 AM  
Duration: 00 hours, 50 minutes  
Modifier: N/A

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 71 of 182  
Encounter Date: 11/12/2020 05:23 PM

*Document generated by: Richard J. Galé, PsyD 11/12/2020 05:33 PM*

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204



**State of Indiana**

**Department of Correction**

Division of Medical and Clinical Healthcare Services

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

**Facility: CIC**

PATIENT: JONATHAN RICHARDSON  
DATE OF BIRTH: [REDACTED]  
DOC #: 127630  
DATE: 10/19/2020 5:06 PM  
HISTORIAN: self  
VISIT TYPE: Onsite Consult

**Individual Counsel/Psych Prog Note**

**General**

Program Name: Outpatient

Start time: 2:10 PM

End time: 00 hours, 40 minutes

Duration: 00 hours, 40 minutes

**Individuals Present/Support Resources**

Contact type:

Onsite

Individual present.

**MENTAL STATUS EXAM**

**GENERAL OBSERVATIONS:**

Generally normal

Appearance: Within normal limits

Build/Stature: Within normal limits

Posture: Within normal limits

Eye Contact: Average

Activity: Within normal limits

Attitude toward examiner: Cooperative

Attitude toward parent/guardian: Not Applicable

Separation (for children/adolescent): Not applicable

**MENTAL STATUS:**

Unremarkable

Mood: Euthymic

Affect: Full

Patient Name: RICHARDSON, JONATHAN

ID: 127630 Date of Birth: [REDACTED]

Page 73 of 182

Encounter Date: 10/19/2020 05:06 PM

STATE001668

Speech: Clear  
Thought process: Logical  
Perception: WNL  
Hallucination: Denied None evidenced  
Thought content: Within normal limits  
Delusions: None Reported  
Cognition: Within normal limits  
Intelligence estimate: Average  
Insight: Within normal limits  
Judgment: Within normal limits

**Subjective Information**

Individual's report of progress towards goals/objectives since last session:

Ofd. seen for scheduled therapy visit. She asks about whether Ms. Yancey has said anything more about moving in with her friend in the housing unit. Also asks whether the psychologist has heard anything about prison inmates getting stimulus checks from the government in response to a recent court ruling. Discussed working in the kitchen and the benefits and challenges of it. Denies SI or HI.

New issues/stressors/extraordinary events presented today: None reported

**Goals, Objectives, and Interventions Addressed Today**

Goal Today	Objective Today
Depressive symptoms do not impair daily functioning	Verbalizes increased feelings of self worth

**Interventions/Methods Provided:**

Psychologist provided empathic listening and validated the offender's expressions of emotion and thoughts. Explored her adjustment to prison life and her stance of caring less and less about prison politics and what others think of her. Discussed her relationship with those she considers friends.

Response to Interventions/Progress Toward Goals and Objectives:

Stable.

**Current Assessment**

Individual's progress: Some progress

**Assessment:**

Anxiety is not significant. Cognitive issues are not significant. Substance abuse/dependence is not significant. Depression is not significant. Impulse control is not significant. Psychotic symptoms are not significant. Suicidality is not significant. Mania/manic behavior is not significant. Patient is responding to treatment plan. The patient is compliant with the treatment plan. The patient is cooperative and communicative.

**Risk Assessment****CURRENT ENCOUNTER**

Risk Assessments
Patient denies suicidal ideation, plan, intent, and/or attempt.
Patient denies property damage ideation, plan, intent, and/or attempt.
Patient denies homicidal ideation, plan, intent, and/or attempt.

**RISK ASSESSMENT HISTORY**

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 74 of 182  
Encounter Date: 10/19/2020 05:06 PM



Risk	Current	Past	Documented	Event Date	Approximate Date	Ideation	Plan	Intent	Scale
Suicide	Denies		10/19/2020	10/19/2020	No				
Property	Denies		10/19/2020	10/19/2020	No				
Homicide	Denies		10/19/2020	10/19/2020	No				

Attempt	Planned/ Impulsive	Drug/Alcohol Influenced	Medically Treated	Plan Attempt	Description
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#### SAFETY MANAGEMENT PLAN

No currently expressed suicidal or homicidal ideation or intent. No current need for safety plan.

#### Assessment/Diagnosis

AXIS IV

Severity: Moderate

Problem Type	No/Yes	Description
Primary Support Group	Yes	Very little external support
Social environment	Yes	Difficulty Trusting Others - suspicious - isolates
Legal system/crime	Yes	Incarcerated

AXIS V

Current GAF: 70

Date: 10/19/2020.

Highest GAF: 70

Date: 10/19/2020.

#### Plan and Additional Information

Date	Order Description
11/09/2020	MHP follow-up for Ind Tx

#### SIGNATURES

Staff: Signed by Richard J. Gale, PsyD, HSPP on 10/19/2020

#### Behavioral Health Billing

Start time: 2:10 PM  
End time: 2:50 PM  
Duration: 00 hours, 40 minutes  
Modifier: N/A

Document generated by: Richard J. Gale, PsyD 10/19/2020 05:21 PM

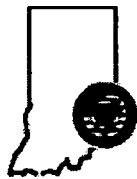
Indiana Government Center South

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 75 of 182  
Encounter Date: 10/19/2020 05:06 PM

STATE001670

302 W. Washington Street  
Indianapolis, IN 46204



**State of Indiana**

**Department of Correction**

Division of Medical and Clinical Healthcare Services

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

**Facility: CIC**

PATIENT: JONATHAN RICHARDSON  
DATE OF BIRTH: [REDACTED]  
DOC #: 127630  
DATE: 10/08/2020 4:56 PM  
HISTORIAN: self  
VISIT TYPE: Onsite Consult

**Individual Counsel/Psych Prog Note**

**General**

Program Name: Outpatient

Start time: 3:02 PM

End time: 00 hours, 53 minutes

Duration: 00 hours, 53 minutes

**Individuals Present/Support Resources**

Contact type:

Onsite

Individual present.

**MENTAL STATUS EXAM**

**GENERAL OBSERVATIONS:**

Generally normal

Appearance: Within normal limits

Build/Stature: Within normal limits

Posture: Within normal limits

Eye Contact: Average

Activity: Within normal limits

Attitude toward examiner: Cooperative

Attitude toward parent/guardian: Not Applicable

Separation (for children/adolescent): Not applicable

**MENTAL STATUS:**

Unremarkable

Mood: Euthymic

Affect: Full

Patient Name: RICHARDSON, JONATHAN

ID: 127630 Date of Birth: [REDACTED]

Page 77 of 182

Encounter Date: 10/08/2020 04:56 PM

STATE001672

Speech: Clear  
Thought process: Logical  
Perception: WNL  
Hallucination: Denied None evidenced  
Thought content: Within normal limits  
Delusions: None Reported  
Cognition: Within normal limits  
Intelligence estimate: Average  
Insight: Within normal limits  
Judgment: Within normal limits

### Subjective Information

Individual's report of progress towards goals/objectives since last session:

Ofd. seen for scheduled therapy visit. She reports that everything is going well. There is some friction in her social group, but nothing she sees as very serious. She wonders about her request to house with a friend in the housing unit with whom she would be more comfortable living than her current roommate. She has been watching the political debates on television and experiences some ambivalence regarding the messages being communicated. Denies SI or HI.

New issues/stressors/extraordinary events presented today: None reported

### Goals, Objectives, and Interventions Addressed Today

Goal Today	Objective Today
Depressive symptoms do not impair daily functioning	Verbalizes increased feelings of self worth

### Interventions/Methods Provided:

Psychologist discussed the friction with friends and compared it to a family experiencing some systematic dysfunction. Explored the possibility of a type of modified family therapy to help them improve their ability to communicate and appropriately socialize. Processed the offender's thoughts about the current political climate and the country's future. Response to Interventions/Progress Toward Goals and Objectives:

Stable.

### Current Assessment

Individual's progress: Good progress

### Assessment:

Anxiety is not significant. Cognitive issues are not significant. Substance abuse/dependence is not significant. Depression is not significant. Impulse control is not significant. Psychotic symptoms are not significant. Suicidality is not significant. Mania/manic behavior is not significant. Patient is responding to treatment plan. The patient is compliant with the treatment plan. The patient is cooperative and communicative.

### Risk Assessment

#### CURRENT ENCOUNTER

Risk Assessments
Patient denies suicidal ideation, plan, intent, and/or attempt.
Patient denies property damage ideation, plan, intent, and/or attempt.
Patient denies homicidal ideation, plan, intent, and/or attempt.

#### RISK ASSESSMENT HISTORY

Risk	Current	Past	Documented	Event Date	Approximate Date	Ideation	Plan	Intent	Scale
Suicide	Denies		10/08/2020	10/08/2020	No				
Property	Denies		10/08/2020	10/08/2020	No				
Homicide	Denies		10/08/2020	10/08/2020	No				

Attempt	Planned/ Impulsive	Drug/Alcohol Influenced	Medically Treated	Plan Attempt	Description
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#### SAFETY MANAGEMENT PLAN

No currently expressed suicidal or homicidal ideation or intent. No current need for safety plan.

#### Assessment/Diagnosis

AXIS IV

Severity: Moderate

Problem Type	No/Yes	Description
Primary Support Group	Yes	Very little external support
Social environment	Yes	Difficulty Trusting Others - suspicious - isolates
Legal system/crime	Yes	Incarcerated

AXIS V

Current GAF: 70

Date: 10/08/2020.

Highest GAF: 70

Date: 10/08/2020.

#### Plan and Additional Information

Date	Order Description
10/22/2020	MHP follow-up for Ind Tx

#### SIGNATURES

Staff: Signed by Richard J. Gale, PsyD, HSPP on 10/08/2020

#### Behavioral Health Billing

Start time: 3:02 PM  
End time: 3:55 PM  
Duration: 00 hours, 53 minutes  
Modifier: N/A

Document generated by: Richard J. Gale, PsyD 10/08/2020 05:01 PM

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 79 of 182  
Encounter Date: 10/08/2020 04:56 PM

STATE001674

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 80 of 182  
Encounter Date: 10/08/2020 04:56 PM

STATE001675



**State of Indiana**

**Department of Correction**

**Division of Medical and Clinical Healthcare Services**

**Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204**

Completed By: Tina Collins, RN  
Date Completed: 10/08/2020  
Offender Name: JONATHAN RICHARDSON  
DOB: [REDACTED]  
Gender: male  
Name of Facility: CIC  
IDOC Number: # 127630

**FLU SCREENING FORM**

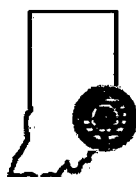
**In the last 24-48 hours, denies experiencing any flu symptoms.**

**Date:** 10/13/2020 01:39 PM

**Provider:** Yoko Savino MD

**Document generated by:** Tina Collins, RN 10/13/2020 01:39 PM

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204



**State of Indiana**

Department of Correction

Division of Medical and Clinical Healthcare Services

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

**Facility: CIC**

PATIENT: JONATHAN RICHARDSON  
DATE OF BIRTH: [REDACTED]  
DOC #: 127630  
DATE: 10/08/2020 1:38 PM  
VISIT TYPE: Nurse Visit

**Nurse Visit**

Reason for visit: Flu Vaccine

**Nurse Protocols:**

**Review/Comments**

Patient smokes 20.00 packs a year

**Medications**

Medication	Sig	PRN Status	PRN Reason	Comment
estradiol 2 mg tablet	take 1 tablet by oral route every day	N		
spironolactone 25 mg tablet	take 1 tablet by oral route every day	N		

Document generated by: Tina Collins, RN 10/13/2020 01:42 PM

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Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204



## VACCINE INFORMATION STATEMENT

# Influenza (Flu) Vaccine (Inactivated or Recombinant): *What you need to know*

Many Vaccine Information Statements are available in Spanish and other languages. See [www.immunize.org/via](http://www.immunize.org/via)

Hojas de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite [www.immunize.org/via](http://www.immunize.org/via)

### 1 Why get vaccinated?

Influenza ("flu") is a contagious disease that spreads around the United States every year, usually between October and May.

Flu is caused by influenza viruses, and is spread mainly by coughing, sneezing, and close contact.

Anyone can get flu. Flu strikes suddenly and can last several days. Symptoms vary by age, but can include:

- fever/chills
- sore throat
- muscle aches
- fatigue
- cough
- headache
- runny or stuffy nose

Flu can also lead to pneumonia and blood infections, and cause diarrhea and seizures in children. If you have a medical condition, such as heart or lung disease, flu can make it worse.

Flu is more dangerous for some people. Infants and young children, people 65 years of age and older, pregnant women, and people with certain health conditions or a weakened immune system are at greatest risk.

Each year thousands of people in the United States die from flu, and many more are hospitalized.

Flu vaccine can:

- keep you from getting flu,
- make flu less severe if you do get it, and
- keep you from spreading flu to your family and other people.

### 2 Inactivated and recombinant flu vaccines

A dose of flu vaccine is recommended every flu season. Children 6 months through 8 years of age may need two doses during the same flu season. Everyone else needs only one dose each flu season.

Some inactivated flu vaccines contain a very small amount of a mercury-based preservative called thimerosal. Studies have not shown thimerosal in vaccines to be harmful, but flu vaccines that do not contain thimerosal are available.

There is no live flu virus in flu shots. They cannot cause the flu.

There are many flu viruses, and they are always changing. Each year a new flu vaccine is made to protect against three or four viruses that are likely to cause disease in the upcoming flu season. But even when the vaccine doesn't exactly match these viruses, it may still provide some protection.

Flu vaccine cannot prevent:

- flu that is caused by a virus not covered by the vaccine, or
- illnesses that look like flu but are not.

It takes about 2 weeks for protection to develop after vaccination, and protection lasts through the flu season.

### 3 Some people should not get this vaccine

Tell the person who is giving you the vaccine:

- If you have any severe, life-threatening allergies. If you ever had a life-threatening allergic reaction after a dose of flu vaccine, or have a severe allergy to any part of this vaccine, you may be advised not to get vaccinated. Most, but not all, types of flu vaccine contain a small amount of egg protein.

- If you ever had Guillain-Barré Syndrome (also called GBS).

Some people with a history of GBS should not get this vaccine. This should be discussed with your doctor.

- If you are not feeling well.

It is usually okay to get flu vaccine when you have a mild illness, but you might be asked to come back when you feel better.



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention

NA0683-CDC-VIS-issued 8/2015

**State of Indiana**

Department of Correction

Division of Medical and Clinical Healthcare Services

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204**Facility: CIC**

PATIENT: JONATHAN RICHARDSON  
 DATE OF BIRTH: [REDACTED]  
 DOC#: 127630  
 DATE: 10/07/2020 10:23 AM  
 VISIT TYPE: Chronic Care Visit

Established patient

**History of Present Illness:**

## 1. asthma

The initial visit date was 02/12/2008. Symptoms of asthma began in 1984. The symptoms occur rarely. The severity level is 1. Pertinent negatives include awakening with cough, awakening with dyspnea, awakening with wheeze, dry cough, dyspnea at rest, dyspnea with intense exercise, dyspnea with moderate exercise, excessive sputum, hemoptysis, hoarseness, irregular heartbeat/palpitations, mucus plug production, oral thrush, pleuritic pain, post nasal drainage, productive cough, reflux, seasonal rhinitis symptoms, sinusitis, stridor, tremor after inhaler use and wheezing.

**PROBLEM LIST:**

Problem Description	Onset Date	Chronic	Clinical Status	Notes
Gender identity disorder of adulthood	06/17/2020	N		
Gastroesophageal reflux disease	02/19/2015	Y		Mapped from KBM Chronic Conditions table on 05/09/2016 by the ICD9 to SNOMED Bulk Mapping Utility. The mapped diagnosis code was Esophageal reflux, 530.81, added by Paul A. Talbot, MD, with responsible provider Paul A. Talbot MD. Onset date 02/19/2015.
Borderline personality disorder	05/04/2010	Y		Mapped from KBM Chronic Conditions table on 05/09/2016 by the ICD9 to SNOMED Bulk Mapping Utility. The mapped diagnosis code was Borderline personality disorder, 301.83, added by Darla Hinshaw, MD, with responsible provider . Onset date 05/04/2010; Axis II.
Recurrent major depressive episodes, mild	10/21/2019	N		

**Problem List (not yet mapped to SNOMED-CT®):**

Problem Description	Onset Date	Notes
RICHARDSON, JONATHAN 127630 [REDACTED]	10/07/2020 10:23 AM	84/182

Asthma	03/19/2007
Polysubstance Dependence	01/17/2011
major depression in remission	01/17/2011
Nonspecific reaction to tuberculin	02/01/2011
skin test with	
Epilepsy	06/11/2015

## Allergies

Ingredient	Reaction	Medication Name	Comment
IBUPROFEN	Rash		
PENICILLINS	Rash		
CEFTRIAZONE SODIUM	SOB, chest pressure, rash	ROCEPHIN	Pt was given 0.5mg Epi x1 and NS IV w/ good results

## Review of Systems

System	Neg/Pos	Details
ENMT	Negative	Hoarseness, oral thrush, post-nasal drainage and sinusitis.
Respiratory	Negative	Awakening with cough, awakening with dyspnea, awakening with wheezing, dry cough, dyspnea at rest, dyspnea with intense exercise, dyspnea with moderate exercise, excessive sputum, hemoptysis, mucus plug production, pleuritic pain, productive cough, stridor and wheezing.
Cardio	Negative	Irregular heartbeat/palpitations.
GI	Negative	Reflux.
Endocrine	Negative	Tremors.
Allergic/Immuno	Negative	Seasonal rhinitis symptoms.

## Vital Signs

## Height

Time	ft	in	cm	Last Measured	Height Position
10:24 AM	5.0	11.0	0.0	02/08/2014	0

## Weight/BSA/BMI

Time	lb	oz	kg	Context	BMI kg/m2	BSA m2
10:24 AM	204.0		92.533	dressed with shoes	28.45	

## Blood Pressure

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
10:24 AM	118/66	sitting	right	arm	manual	adult large

## Temperature/Pulse/Respiration

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/min
10:24 AM	98.00	36.7		72	regular	20

## Pulse Oximetry/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 L/Min	Timing	FiO2 %	L/min	Delivery Method	Finger Probe
10:24 AM	98		RA			21			

## Measured By

RICHARDSON, JONATHAN 127630 10/07/2020 10:23 AM 85/182

Time	Measured by
10:24 AM	Abby M. Malonek, RN

#### Physical Exam

Exam	Findings	Details
Constitutional	Normal	Well developed.
Eyes	Normal	Conjunctiva - Right: Normal, Left: Normal.
Ears	Normal	Inspection - Right: Normal, Left: Normal. Hearing - Right: Normal, Left: Normal.
Neck Exam	Normal	Inspection - Normal.
Respiratory	Normal	Inspection - Normal. Auscultation - Normal. Effort - Normal.
Cardiovascular	Normal	Regular rhythm. No murmurs, gallops, or rubs.
Vascular	Normal	Pulses - Dorsalis pedis: Normal. Capillary refill - Less than 2 seconds.
Abdomen	Normal	Inspection - Normal.
Musculoskeletal	Normal	Visual overview of all four extremities is normal.
Extremity	Normal	No edema.
Neurological	Normal	Memory - Normal. Cranial nerves - Cranial nerves II through XII grossly intact.
Psychiatric	Normal	Orientation - Oriented to time, place, person & situation. Appropriate mood and affect.

#### Suicide Risk Screening

#### Assessment/Plan

#	Detail Type	Description
1.	Assessment Impression	Asthma (493). Pt thinks that he does not need Xopenex or albuterol. Mild intermittent, Estimate peak flow: 625 L/min, education about inhaler use, triggers, and disease process d/w pt.

#### Medications (Added, Continued or Stopped this visit)

Start Date	Medication	Directions	PRN Status	PRN Reason	Instruction	Stop Date
07/09/2020	Albuterol	2 puffs 4 times daily	N		6675409/201	01/03/2021

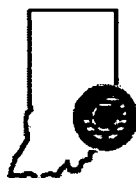
Savino, Yoko 10/07/2020 4:04 PM

Document generated by: Yoko Savino, MD 10/07/2020 04:04 PM

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

RICHARDSON, JONATHAN 127630 10/07/2020 10:23 AM 86/182

STATE001681



State of Indiana

Department of Correction

Division of Medical and Clinical Healthcare Services

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

Facility: CIC

PATIENT: JONATHAN RICHARDSON  
DATE OF BIRTH: [REDACTED]  
DOC #: 127630  
DATE: 09/24/2020 2:25 PM  
HISTORIAN: self  
VISIT TYPE: Psychotherapy - Individual

### Individual Counsel/Psych Prog Note

#### General

Program Name: Outpatient

Start time: 10:10 AM

End time: 00 hours, 50 minutes

Duration: 00 hours, 50 minutes

#### Individuals Present/Support Resources

Contact type:

Onsite

Individual present.

#### MENTAL STATUS EXAM

##### GENERAL OBSERVATIONS:

Generally normal

Appearance: Within normal limits

Build/Stature: Within normal limits

Posture: Within normal limits

Eye Contact: Average

Activity: Within normal limits

Attitude toward examiner: Cooperative

Attitude toward parent/guardian: Not Applicable

Separation (for children/adolescent): Not applicable

##### MENTAL STATUS:

Unremarkable

Mood: Euthymic

Affect: Full

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 87 of 182  
Encounter Date: 09/24/2020 02:25 PM

STATE001682

Speech: Clear  
Thought process: Logical  
Perception: WNL  
Hallucination: Denied None evidenced  
Thought content: Within normal limits  
Delusions: None Reported  
Cognition: Within normal limits  
Intelligence estimate: Average  
Insight: Within normal limits  
Judgment: Within normal limits

### Subjective Information

Individual's report of progress towards goals/objectives since last session:

Ofd. seen for scheduled therapy visit. She reports that she has been more stable and happier recently. She has allowed herself to experience vulnerable emotions like closeness with others and sadness, and she has been making an effort to become closer to those other offenders that she is now willing to call her friends. She is relatively content in her job in the kitchen. She reports some developing breast tissue, which is encouraging, and she would like to have a bra for comfort/modesty.

New issues/stressors/extraordinary events presented today: None reported

### Goals, Objectives, and Interventions Addressed Today

Goal Today	Objective Today
Depressive symptoms do not impair daily functioning	Verbalizes increased feelings of self worth

### Interventions/Methods Provided:

Psychologist explored the changing self-image and emotional stability that the offender is presenting, and it is encouraging given her history of serious emotional upheaval and apparent self-loathing. Processed her thoughts and feelings regarding continuing gender dysphoria treatment after her release from prison. Provided encouragement for the emotional risks she has been willing to take with others in order to allow herself the opportunity to build stronger relationships and learn to relate to others in a more genuine manner.

Response to Interventions/Progress Toward Goals and Objectives:

Stable. Doing well.

### Current Assessment

Individual's progress: Good progress

### Assessment:

Anxiety is not significant. Cognitive issues are not significant. Substance abuse/dependence is not significant. Depression is not significant. Impulse control is not significant. Psychotic symptoms are not significant. Suicidality is not significant. Mania/manic behavior is not significant. Patient is responding to treatment plan. The patient is compliant with the treatment plan. The patient is cooperative and communicative.

### Risk Assessment

#### CURRENT ENCOUNTER

Risk Assessments
Patient denies suicidal ideation, plan, intent, and/or attempt.
Patient denies property damage ideation, plan, intent, and/or attempt.
Patient denies homicidal ideation, plan, intent, and/or attempt.

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 88 of 182  
Encounter Date: 09/24/2020 02:25 PM

#### RISK ASSESSMENT HISTORY

Risk	Current	Past	Documented	Event Date	Approximate Date	Ideation	Plan	Intent	Scale
Suicide	Denies		09/24/2020	09/24/2020	No				
Property	Denies		09/24/2020	09/24/2020	No				
Homicide	Denies		09/24/2020	09/24/2020	No				

Attempt	Planned/ Impulsive	Drug/Alcohol Influenced	Medically Treated	Plan Attempt Description
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#### SAFETY MANAGEMENT PLAN

No currently expressed suicidal or homicidal ideation or intent. No current need for safety plan.

#### Assessment/Diagnosis

AXIS IV

Severity: Moderate

Problem Type	No/Yes	Description
Primary Support Group	Yes	Very little external support
Social environment	Yes	Difficulty Trusting Others - suspicious - isolates
Legal system/crime	Yes	Incarcerated

AXIS V

Current GAF: 70

Date: 09/24/2020.

Highest GAF: 70

Date: 09/24/2020.

#### Plan and Additional Information

Date	Order Description
10/08/2020	MHP follow-up for Ind Tx

#### SIGNATURES

Staff: Signed by Richard J. Gale, PsyD, HSPP on 09/29/2020

#### Behavioral Health Billing

Start time: 10:10 AM  
End time: 11:00 AM  
Duration: 00 hours, 50 minutes  
Modifier: N/A

Document generated by: Richard J. Gale, PsyD 09/29/2020 09:00 AM

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

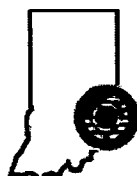
Page 89 of 182  
Encounter Date: 09/24/2020 02:25 PM

STATE001684

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Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204





**State of Indiana**

**Department of Correction**

**Division of Medical and Clinical Healthcare Services**

**Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204**

**Facility: CIC**

PATIENT: JONATHAN RICHARDSON  
DATE OF BIRTH: [REDACTED]  
DOC #: 127630  
DATE: 09/10/2020 4:29 PM  
HISTORIAN: self  
VISIT TYPE: Psychotherapy - Individual

**Individual Counsel/Psych Prog Note**

**General**

Program Name: Outpatient

Start time: 3:00 PM

End time: 00 hours, 40 minutes

Duration: 00 hours, 40 minutes

**Individuals Present/Support Resources**

Contact type:

Onsite

Individual present

**MENTAL STATUS EXAM**

**GENERAL OBSERVATIONS:**

Generally normal

Appearance: Within normal limits

Build/Stature: Within normal limits

Posture: Within normal limits

Eye Contact: Average

Activity: Within normal limits

Attitude toward examiner: Cooperative

Attitude toward parent/guardian: Not Applicable

Separation (for children/adolescent): Not applicable

**MENTAL STATUS:**

Unremarkable

Mood: Euthymic

Affect: Full

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 91 of 182  
Encounter Date: 09/10/2020 04:29 PM

STATE001686

Speech: Clear  
Thought process: Logical  
Perception: WNL  
Hallucination: Denied None evidenced  
Thought content: Within normal limits  
Delusions: None Reported  
Cognition: Within normal limits  
Intelligence estimate: Average  
Insight: Within normal limits  
Judgment: Within normal limits

### Subjective Information

Individual's report of progress towards goals/objectives since last session:

Ofd. seen for scheduled therapy visit. She reports that she is not used to being seen at this time and prefers not to be seen from 3:00 to 4:00 pm because it interferes with dinner chow. Reports some conflict with friends in the unit, and she tells about her efforts to resolve conflict and help her friends grow as people. Denies any serious concerns or problems. Denies SI or HI.

New issues/stressors/extraordinary events presented today: None reported

### Goals, Objectives, and Interventions Addressed Today

Goal Today	Objective Today
Depressive symptoms do not impair daily functioning	Identifies negative thinking supporting depression

Interventions/Methods Provided:

Psychologist reviewed the offender's recent experience of symptoms and explored the reasons for their improvement in terms of coping strategies used. Challenged ofd's view of herself as a manipulator and reframed it as a positive attempt to lead those she cares about toward more positive ways of thinking.

Response to Interventions/Progress Toward Goals and Objectives:

Stable.

### Current Assessment

Individual's progress: Some progress

Assessment:

Anxiety is not significant. Cognitive issues are not significant. Substance abuse/dependence is not significant. Depression is not significant. Impulse control is not significant. Psychotic symptoms are not significant. Suicidality is not significant. Mania/manic behavior is not significant. Patient is responding to treatment plan. The patient is compliant with the treatment plan. The patient is cooperative and communicative.

### Risk Assessment

#### CURRENT ENCOUNTER

Risk Assessments
Patient denies suicidal ideation, plan, intent, and/or attempt.
Patient denies property damage ideation, plan, intent, and/or attempt.
Patient denies homicidal ideation, plan, intent, and/or attempt.

#### RISK ASSESSMENT HISTORY

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 92 of 182  
Encounter Date: 09/10/2020 04:29 PM

Risk	Current	Past	Documented	Event Date	Approximate Date	Ideation	Plan	Intent	Scale
Suicide	Denies		09/10/2020	09/10/2020	No				
Property	Denies		09/10/2020	09/10/2020	No				
Homicide	Denies		09/10/2020	09/10/2020	No				

Attempt	Planned/ Impulsive	Drug/Alcohol Influenced	Medically Treated	Plan Attempt	Description
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#### SAFETY MANAGEMENT PLAN

No currently expressed suicidal or homicidal ideation or intent. No current need for safety plan.

#### Assessment/Diagnosis

AXIS IV

Severity: Moderate

Problem Type	No/Yes	Description
Primary Support Group	Yes	Very little external support
Social environment	Yes	Difficulty Trusting Others - suspicious - isolates
Legal system/crime	Yes	Incarcerated

AXIS V

Current GAF: 70

Date: 09/10/2020.

Highest GAF: 70

Date: 09/10/2020.

#### Plan and Additional Information

Date	Order Description
09/24/2020	MHP follow-up for Ind Tx

#### SIGNATURES

Staff: Signed by Richard J. Gale, PsyD, HSPP on 09/10/2020

#### Behavioral Health Billing

Start time: 3:00 PM  
End time: 3:40 PM  
Duration: 00 hours, 40 minutes  
Modifier: N/A

Document generated by: Richard J. Gale, PsyD 09/10/2020 04:52 PM

Indiana Government Center South

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 93 of 182  
Encounter Date: 09/10/2020 04:29 PM

STATE001688

302 W. Washington Street  
Indianapolis, IN 46204



**State of Indiana**

**Department of Correction**

Division of Medical and Clinical Healthcare Services

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

**Facility: CIC**

PATIENT: JONATHAN RICHARDSON  
DATE OF BIRTH: [REDACTED]  
DOC#: 127630  
DATE: 08/27/2020 1:10 PM  
VISIT TYPE: Psychotherapy - Individual

**INDIVIDUALIZED ACTION PLAN**

Program name: Outpatient  
Admission date: 06/09/2016  
Effective date of initial IAP:  
Next review date: 02/27/2021

**GOALS, OBJECTIVES AND INTERVENTIONS**

**Goal 3: Depressive symptoms do not impair daily functioning (new)**

Target date: 02/27/2021  
Adjusted target date: 09/07/2017 (Adjusted as per IAP review dated 05/01/2018)

Assessed need: Depression

Individual's strength/skills: {local.txt\_stengths}

Potential barriers: {local.txt\_barriers}

- Objective 1: Identifies negative thinking supporting depression (continued)

Start date: 06/30/2012

Target date: 02/27/2021

Adjusted target date: 09/07/2017 (Adjusted as per IAP review dated 05/01/2018)

-- Intervention 1: Cognitive behavioral interventions

Modality: Individual therapy Frequency: q 90 days Type of provider: MHP

- Objective 2: Verbalizes increased feelings of self worth (continued)

Start date: 06/30/2012

Target date: 02/27/2021

Adjusted target date: 09/07/2017 (Adjusted as per IAP review dated 03/07/2017)

-- Intervention 2: cognitive behavioral interventions

Modality: Individual therapy Frequency: q 90 days Type of provider: MHP

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 95 of 182  
Encounter Date: 08/27/2020 01:10 PM

STATE001690

**Goal 4: Mismatch between assigned gender and gender identity no longer causes marked distress. (new)**

Start date: 07/22/2019

Target date: 02/27/2021

Assessed need: Evaluation for gender dysphoria

Individual's strength/skills: {local.txt\_stengths}

Potential barriers: {local.txt\_barriers}

- Objective 1: Identify ways in which gender identity leads to distress, exacerbates symptoms of depression, and contributes to other concerns such as irritability and self-destructive behavior. (new)

Start date: 08/27/2020

Target date: 02/27/2021

Adjusted target date: (Adjusted as per IAP review dated 05/01/2018)

-- Intervention 1: Person-centered, supportive, solution-focused interventions

Modality: Individual therapy

Frequency: q 90 days

Type of provider:

Psychologist

## TRANSITION/DISCHARGE CRITERIA

Discharge plan:

8/27/20 - Richardson has been diagnosed with gender dysphoria and started hormone therapy. She has shown an improvement in mood, irritability, and interpersonal relatedness. An overarching goal for the next treatment period will be to continue to explore and grow into her role living as a woman.

Individual has participated in the development of this plan:

Yes

Others participated in the development of this plan:

No

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## SIGNATURES

Staff: Signed by Richard J. Gale, PsyD, HSPP on 08/28/2020

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 96 of 182  
Encounter Date: 08/27/2020 01:10 PM

STATE001691

*Document generated by: Richard J. Gale, PsyD 08/28/2020 08:42 AM*

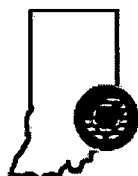
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Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 97 of 182  
Encounter Date: 08/27/2020 01:10 PM

STATE001692



**State of Indiana**

**Department of Correction**

Division of Medical and Clinical Healthcare Services

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204

**Facility: CIC**

PATIENT: JONATHAN RICHARDSON  
DATE OF BIRTH: [REDACTED]  
DOC #: 127630  
DATE: 08/27/2020 1:10 PM  
HISTORIAN: self  
VISIT TYPE: Psychotherapy - Individual

**Individual Counsel/Psych Prog Note**

**General**

Program Name: Outpatient

Start time: 1:20 PM

End time: 00 hours, 35 minutes

Duration: 00 hours, 35 minutes

**Individuals Present/Support Resources**

Contact type:

Onsite

Individual present

**MENTAL STATUS EXAM**

**GENERAL OBSERVATIONS:**

Generally normal

Appearance: Within normal limits

Build/Stature: Within normal limits

Posture: Within normal limits

Eye Contact: Average

Activity: Within normal limits

Attitude toward examiner: Cooperative

Attitude toward parent/guardian: Not Applicable

Separation (for children/adolescent): Not applicable

**MENTAL STATUS:**

Unremarkable

Mood: Euthymic

Affect: Full

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 98 of 182  
Encounter Date: 08/27/2020 01:10 PM



Speech: Clear  
Thought process: Logical  
Perception: WNL  
Hallucination: Denied None evidenced  
Thought content: Within normal limits  
Delusions: None Reported  
Cognition: Within normal limits  
Intelligence estimate: Average  
Insight: Within normal limits  
Judgment: Within normal limits

### Subjective Information

Individual's report of progress towards goals/objectives since last session:

Met with ofd. for scheduled therapy follow-up visit. She reports that she is encouraged to notice some breast tissue development already since being on hormone therapy a relatively short time. She confirmed this with other offenders. She asked about the process of getting a bra and any updates on that. She talked about a conversation with three of her fellow inmates, and described telling them not only that they are her friends, but that she loves them and wants the best for them. Denies SI/HI.

New issues/stressors/extraordinary events presented today: None reported

### Goals, Objectives, and Interventions Addressed Today

Goal Today	Objective Today
Alleviate depressive symptoms	Verbalizes increased feelings of self worth

### Interventions/Methods Provided:

Psychologist discussed the question about obtaining a bra with the Deputy Warden and was told that the decision has been made to only provide women's undergarments to transgender offenders in cases of medical necessity. She told the psychologist that the offender needs to make a request, whereupon she will be referred to the medical provider to assess for medical necessity. Communicated this to Richardson, who was disappointed but not particularly surprised. Listened actively to Richardson's story about telling her friends how much they mean to her and encouraging them to stop bickering among themselves. Reviewed some of the remarkable changes that Richardson has gone through during her incarceration, including getting off psych meds, ceasing self-injurious behavior, allowing herself to become closer to others, and opening up about her gender identity. Reviewed care plan goals and updated as appropriate.

### Response to Interventions/Progress Toward Goals and Objectives:

At present, doing quite well. Offender appears content in a way that she rarely has in the psychologist's history with her, and she is taking emotional risks in order to try to build more genuine, meaningful relationships with others.

### Current Assessment

Individual's progress: Good progress

### Assessment:

Anxiety is not significant. Cognitive issues are not significant. Substance abuse/dependence is not significant. Depression is not significant. Impulse control is not significant. Psychotic symptoms are not significant. Suicidality is not significant. Mania/manic behavior is not significant. Patient is responding to treatment plan. The patient is compliant with the treatment plan. The patient is cooperative and communicative.

### Risk Assessment

#### CURRENT ENCOUNTER

Patient Name: RICHARDSON, JONATHAN  
ID: 127630 Date of Birth: [REDACTED]

Page 99 of 182  
Encounter Date: 08/27/2020 01:10 PM

#### Risk Assessments

Patient denies suicidal ideation, plan, intent, and/or attempt.  
 Patient denies property damage ideation, plan, intent, and/or attempt.  
 Patient denies homicidal ideation, plan, intent, and/or attempt.

#### RISK ASSESSMENT HISTORY

Risk	Current	Past	Documented	Event Date	Approximate Date	Ideation	Plan	Intent	Scale
Suicide	Denies		08/27/2020	08/27/2020	No				
Property	Denies		08/27/2020	08/27/2020	No				
Homicide	Denies		08/27/2020	08/27/2020	No				

Attempt	Planned/ Impulsive	Drug/Alcohol Influenced	Medically Treated	Plan Attempt Description
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#### SAFETY MANAGEMENT PLAN

No currently expressed suicidal or homicidal ideation or intent. No current need for safety plan.

#### Assessment/Diagnosis

AXIS IV

Severity: Moderate

Problem Type	No/Yes	Description
Primary Support Group	Yes	Very little external support
Social environment	Yes	Difficulty Trusting Others - suspicious - isolates
Legal system/crime	Yes	Incarcerated

AXIS V

Current GAF: 69

Date: 08/27/2020.

Highest GAF: 69

Date: 08/27/2020.

#### Plan and Additional Information

Date	Order Description
09/10/2020	MHP follow-up for Ind Tx

#### SIGNATURES

Staff: Signed by Richard J. Gale, PsyD, HSPP on 08/28/2020

#### Behavioral Health Billing

Start time: 1:20 PM  
 End time: 1:55 PM

Patient Name: RICHARDSON, JONATHAN  
 ID: 127630 Date of Birth: [REDACTED]

Page 100 of 182  
 Encounter Date: 08/27/2020 01:10 PM

STATE001695